

Four-Year Graduation Plan - Courses and Critical Benchmarks

The following is a sample course of study. It is the Student's responsibility to ensure that all program requirements are met. This guide is not a substitute for academic advisement. **All incoming freshmen must develop an academic plan (which maps out all courses needed to graduate within your intended major/degree). Your academic advisor is available to meet with you and create your specific plan.**

Your path to graduation may vary slightly based on factors such as college credit you earned while in high school, transfer work from other institutions of higher learning and placement in Mathematics. You are responsible for checking prerequisites to any courses. Critical Courses and minimum recommended grades (as noted below) provide feedback regarding major fit and help indicate likelihood of successful completion of chosen academic program and degree.

First Math	MATH 110 College Algebra	Foreign Language Requirement	Yes - Second level proficiency	Free Elective Hours	18
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This major map is pending final faculty approval.

"University of Missouri system GPA" includes a student's GPA from University of Missouri – Kansas City, University of Missouri – St. Louis, University of Missouri – Columbia, and Missouri University of Science and Technology.

Critical Course or Benchmark	Course Subject, Number, and Title and Academic Plan Benchmarks Bold = UMKC General Education Core Requirement *Prerequisite May Be Required **Co-Requisite Enrollment Required	Min Recom Grade	Credit Hours (CH)	Notes
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Fall Semester Year 1: 16 hours

	**Anchor I: Reasoning and Values http://www.umkc.edu/core/courses/		3	CHEM 206 and all HLSC courses (with the exception of HLSC 356) have a minimum required grade of "C"; all general education courses and HLSC 356 have a minimum required grade of "D".
	**DISC 100: Reasoning and Values (Speech and Writing)		3	
	HLSC 101: Introduction to Health Sciences	B	3	
	Foreign Language Requirement (110 or higher) Click for options		3	
	HLSC 120: Anatomy & Physiology I	B	4	
	Completion of 12 term hours minimum toward graduation. BHS students must maintain a minimum 2.000 term and cumulative University of Missouri system GPA.			

Spring Semester Year 1: 16 hours

	**Anchor II: Culture and Diversity http://www.umkc.edu/core/courses/		3	The ALEKS Math Placement Exam is required prior to enrollment in MATH 110 www.umkc.edu/mathplacement/
	**DISC 200: Culture and Diversity (Speech and Writing)		3	
	MATH 110: College Algebra or higher Focus B: Scientific Reasoning and Quantitative Analysis		3	
	*NURSE 255 Spanish for Healthcare Pre-Professionals (if passed Spanish 110) OR Foreign Language 120		3	
	HLSC 160: Anatomy and Physiology II	B	4	
	Completion of 12 term hours minimum toward graduation. BHS students must maintain a minimum 2.000 term and cumulative University of Missouri system GPA.			

Summer Semester Year 1: 0 hours if all previous courses completed

	May use summer semester to lighten fall and spring course loads.		
◆	Completion of 30 credit hours minimum toward graduation.		

Fall Semester Year 2: 14-15 hours

	Focus A: Arts and Humanities http://www.umkc.edu/core/courses/		3
	PSYCH 210: General Psychology Focus C: Human Actions, Values, and Ethics		3
◆	HLSC 110 Personal Wellness OR HLSC 230 Health Issues in Aging OR HLSC 252 Human Growth and Development OR HLSC 345 Quantitative Analysis in the Health Sciences	B	2-3
	Elective – consider an elective course with a health focus, or course of your choice		3
	Elective – consider SOCIOL 101 or PHILOS 210, 221, 222, or course of your choice		3
◆	Complete RooWriter Assessment. Completion of 12 term hours minimum toward graduation. BHS students must maintain a minimum 2.000 term and cumulative University of Missouri system GPA.		

Spring Semester Year 2: 16-17 hours


◆	HLSC 110 Personal Wellness OR HLSC 230 Health Issues in Aging OR HLSC 252 Human Growth and Development OR HLSC 345 Quantitative Analysis in the Health Sciences	B	2-3
	CHEM 206: Human Nutrition		3
	HLSC 125: Medical Terminology	B	1
	HLSC 200: First Aid / CPR	B	1
◆	HLSC 110 Personal Wellness OR HLSC 230 Health Issues in Aging OR HLSC 252 Human Growth and Development OR HLSC 345 Quantitative Analysis in the Health Sciences	B	2-3
	Focus Elective - to satisfy MO Constitution requirement, choose from: HISTORY 101: U.S. History to 1877 OR HISTORY 102: U.S. History since 1877 OR POL-SCI 210: American Government		3
	Elective		3
◆	Completion of 12 term hours minimum toward graduation. BHS students must maintain a minimum 2.000 term and cumulative University of Missouri system GPA.		

Summer Semester Year 2: 0 hours if all previous courses completed

	May use summer semester to lighten fall and spring course loads.		
◆	Completion of 60 credit hours toward graduation.		


Fall Semester Year 3: 14-15 hours

	**Anchor III: Civic and Community Engagement http://www.umkc.edu/core/courses/		3
	**DISC 300: Civic and Community Engagement (Speech and Writing)		3
	HLSC 110 Personal Wellness OR HLSC 230 Health Issues in Aging OR HLSC 252 Human Growth and Development OR HLSC 345 Quantitative Analysis in the Health Sciences	B	2-3
	*HLSC 300: Diversity in Health	B	3
	*HLSC 310: Healthcare Systems	B	3

 Completion of 12 term hours minimum toward graduation. BHS students must maintain a minimum 2.000 term and cumulative University of Missouri system GPA.


Spring Semester Year 3: 15 hours

	*HLSC 450: Urban Health	B	3
	*HLSC 430: Health Program Management	B	3
	*HLSC 440: Policy and Ethics in Health	B	3
	*HLSC 476: Scientific Inquiry	B	3
	Elective		3

 Completion of 12 term hours minimum toward graduation. BHS students must maintain a minimum 2.000 term and cumulative University of Missouri system GPA.


Summer Semester Year 3: 0 hours if all previous courses completed

	May use summer semester to lighten fall and spring course loads.		
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 Completion of 90 credit hours toward graduation.


Fall Semester Year 4: 15 hours

	*HLSC 410: Epidemiology	B	3	Apply for graduation. Take the ETS Proficiency Profile (EPP) exit exam.
	*HLSC 460: Global Health	B	3	
	*HLSC 470: Technology, Marketing and Media in Health	B	3	
	*HLSC 480: Leadership and Management in Health Professions	B	3	
	Elective		3	

 Completion of 12 term hours minimum toward graduation. BHS students must maintain a minimum 2.000 term and cumulative University of Missouri system GPA.

Spring Semester Year 4: 12 hours

	*HLSC 492: Health Sciences Specialty Course	B	3	No more than 12 credit hours may be taken during the last semester.
	*HLSC 494: Health Science Internship	B	6	

Elective	3	Internship is 20 hours per week for 16 weeks.
 BHS students must maintain a minimum 2.000 term and cumulative University of Missouri system GPA.		

Graduation Requirements Summary

Total Degree Credit Hours	Upper Level (3xx/4xx) Hour Requirement	Minimum Hour / Residency Req.	
120	36	30	
Major GPA	UM GPA	Other GPA Requirements	Other
2.000	2.000		

Other Information

Non-course requirements **Met**
 RooWriter Writing Assessment
 Complete UMKC’s ETS Proficiency Profile (EPP) requirement

The School reserves the right to make changes in courses, degree requirements and course schedules without notice.

Students are expected to maintain a quality of achievement significantly above minimum UMKC standards for degree work. Individual student progress will be monitored throughout the program. Satisfactory progress is required of all students for retention in the program. Students are expected to maintain academic standards, perform satisfactorily in courses, refrain from academic dishonesty, comply with the established University and teacher education timetables and requirements, and refrain from unethical or unprofessional behavior or behaviors that obstruct the training process or threaten the welfare of the student or others. Other circumstances involving student behavior will be addressed by the faculty on an individual basis.

Program Description

The UMKC School of Nursing & Health Studies mission is to prepare the nursing and other health professional workforce as leaders in improving health outcomes through inter-professional practice, research, and education; excel in the delivery and improvement of health care to diverse populations including urban, rural, and under-served areas; and create diverse and dynamic campus and virtual learning communities.

Admission Requirements

First Time College Students: Admission to UMKC is all that is required for students applying to the Bachelor of Health Sciences as first time college students. There is no separate application process for the BHS.

Career Opportunities

The UMKC BHS Degree Program is the perfect choice for students who are interested in a career in health focusing on health prevention, health promotion, population health, and health behavior change. UMKC is offering the new BHS Degree in response to the growing workforce demand for health professionals in a variety of areas including, personal health and wellness, social determinants of health, occupational health and safety, community health, and environmental health. Graduates may find career options in government settings, non-for profit organizations, community health centers, workplace health and wellness companies, and health promotion organizations.

Coursework, service learning, and internships in the BHS program will provide students with the knowledge and practical experience to compete in the job market. Students interested in careers in health education, health promotion, health marketing or journalism, or specialized business careers will be particularly well-prepared with a Bachelor of Health Sciences degree. Some career paths may include: Non-profit Organization Administrator, Hospital Community Outreach Manager, Nutrition Educator, Client/Patient Advocate, Wellness Coordinator, Community Relations Coordinator, Pharmaceutical